

# Nutriline Assessment & Product Pack Recommendation

## SCORE SHEET

Assessment Questions <small>Place 1 point in each of the white spaces to the right of each "Yes/True" response.</small>	General-Health Pack			Condition-Specific Pack		
I am over 45 years of age.						
I am African-American or Hispanic.						
For Women Only: I am menopausal or have had a hysterectomy.						
I have noticed a decline in my concentration, focus, and memory.						
I have joint pain or discomfort.						
I would like to support healthy cholesterol.						
I do not consume at least 3 servings of calcium-rich foods each day. 1 serving = 1 cup milk or yogurt, 1 ounce cheese.						
I typically eat less than 5 servings of fresh fruits and/or vegetables each day. 1 serving = 1 cup leafy greens, 1/2 cup cooked vegetable, 1/2 cup fruit, 1 medium piece of fruit.						
I typically do not eat a variety of vibrantly colored (i.e., red, green, white, orange/yellow, blue/purple) fruits and vegetables each day.						
I typically eat less than 1 cup of fresh fruits and/or vegetables high in vitamin C (i.e., citrus fruit, potatoes, tomatoes, strawberries, leafy greens, cabbage, broccoli, green peppers) each day.						
I typically eat less than 1 cup of yellow/orange colored fruits and/or vegetables each day (i.e., cantaloupe, peaches, sweet potatoes, carrots) and/or green, leafy vegetables (i.e., spinach).						
I typically eat less than 2 servings of cold-water fish (i.e., salmon, tuna, mackerel, herring) each week. 1 serving = 3 ounces.						
I am frequently under stress.						
I have poor sleep quantity or quality (i.e., less than 7 hours a night, wake up often during the night, daytime sleepiness).						
I smoke or I am often exposed to second-hand smoke.						
I get less than 10 minutes of sun exposure each day or I wear sunscreen.						
I routinely skip meals or cut back on caloric intake to lose weight or follow a low-carbohydrate diet.						
I exercise strenuously at least 4 days per week.						
I do not exercise regularly.						
I eat "fast" or convenience-style restaurant foods 2–3 days per week.						
<b>TOTAL POINTS</b>						
<b>PRODUCT RECOMMENDATION</b>	<i>Perfect Pack</i>	<i>Men's Pack</i>	<i>Women's Pack</i>	<i>Heart Health Pack</i>	<i>Healthy Aging Pack</i>	<i>Health Boost Pack</i>

Goals/Priorities <small>Which one of the following is currently most important to you? Check no more than 1 goal/priority.</small>	<small>Place 3 points in the white space next to the goal/priority you chose.</small>					
Support healthy cholesterol levels, energy production in the heart's cells, and blood flow.						
Support vision health, joint health, memory, focus, and concentration.						
Support the body's natural immune system						
<b>TOTAL ALL POINTS</b>						
<b>PRODUCT RECOMMENDATION</b>	<i>Perfect Pack</i>	<i>Men's Pack</i>	<i>Women's Pack</i>	<i>Heart Health Pack</i>	<i>Healthy Aging Pack</i>	<i>Health Boost Pack</i>

# Nutriline Supplement Packs. Packed for You.

Your health needs are as unique as you are. Nutrilite has developed five different supplement blends, each designed to meet your specific needs.

Our nutrition experts have selected the best NUTRILITE® supplement blends to address your health concerns. You can feel good knowing that they come from the only global vitamin and mineral brand to develop safe and effective supplements made from whole plant concentrates grown, harvested, and processed on its own certified

organic farms.\* The NUTRILITE brand is truly set apart from other makers of dietary supplements.

Supplement packets are a perfect fit for you:

- Tackle condition-specific and foundational health concerns with the ease and convenience of a 30-day supply of prepackaged daily a.m. and p.m. doses of the supplements you need.
- Easy-to-grab packets help you remember to take your supplements each day and are perfect for your on-the-go lifestyle.

\*Source: Euromonitor International Limited, www.euromonitor.com/amway-claims.

**1**



**2**



**3**

Take a simple, quick assessment at [Amway.ca/Assessment](http://Amway.ca/Assessment)

Find the **FOUNDATIONAL** and **CONDITION-SPECIFIC** packets that are right for you.

Feel the difference that simple, convenient daily supplementation can make!

## 180-DAY, 100% CUSTOMER SATISFACTION GUARANTEE

Order through your Amway Independent Business Owner.

Customer Name: \_\_\_\_\_

Customer Number: \_\_\_\_\_

IBO Name: \_\_\_\_\_

IBO Number: \_\_\_\_\_

Contact Information: \_\_\_\_\_

Personal Retail Website: \_\_\_\_\_

[www.Amway.ca/Assessment](http://www.Amway.ca/Assessment)

**NUTRILITE®**

Exclusively from **Amway**

OUR BEST FOUNDATIONAL AND  
CONDITION-SPECIFIC  
SUPPLEMENTS.  
PACKED FOR YOU.

